

Bourbon Brown Sugar Salmon

Ingredients

1/2 c. Brown Sugar - firmly packed

1 c. Soy Sauce

2 t. Worcestershire Sauce

1 t. Garlic - minced

1/2 t. Black Pepper

2 T. Bourbon opt.

1/2 c. Chopped Pecans - toasted

1-2 Salmon Filets 2-2 1/2 lb. total

a wooden spoon

FOR THE MARINADE

Combine all ingredients except the Pecans and Salmon in a bowl.

Place Half the marinade and the Salmon in a Ziploc bag - squeeze out the air and zip the bag tightly.

Set aside the other half of the marinade to use as a glaze.

Marinate the Salmon for 1-3 hours. Flip the bag every 1/2 hour or so to marinate evenly

FOR THE GLAZE

Place the remaining half of the marinade in a small saucepan on the stove. Bring to a boil, then reduce the temperature to low and simmer until the mixture thickens and reduces a little. While the glaze is simmering, preheat the oven to 400 degrees.



FOR THE PECAN TOPPING

Place the chopped pecans on a flat baking pan which has been covered with aluminum foil or parchment paper.

Toast the pecan for 3-5 minutes until they darken a little and they start to smell sooo good.

Watch closely - the nuts can burn quickly!

FOR THE SALMON

Cover a baking dish or pan with aluminum foil.

Spray the foil-covered pan with cooking spray.

Take the Salmon out of the marinade and discard the marinade.

Place the Salmon (skin-side down) on the prepared pan.

Sprinkle the salmon with the toasted pecans pressing the pecans firmly into the salmon.

Brush or spoon 1/3 of the glaze onto the salmon.

Place the salmon in the oven.

Re-glaze the salmon with the glaze every 8-10 minutes (about 3 times).

Bake at 400 degrees for a total of 20-25 minutes until the salmon flakes easily

I'll love you, dear, I'll love you till China and Africa meet and the river jumps over the mountain and the salmon sing in the street.