

## pounded lemongrass chicken

## ingredients

- 4 lemongrass stalks, tough outer layers removed, chopped 1 medium shallot, chopped
- 1/4 cup lime juice
- 2 teaspoons fish sauce
- 2 teaspoons light brown sugar
- 1/2 teaspoon crushed red pepper flakes
- 4 6-ounce boneless chicken breasts, pounded to 1/2 inch
- kosher salt, ground pepper
- 2 tablespoons vegetable oil
- lime wedges, for serving
- a wooden spoon



process lemongrass, shallot, garlic, lime juice, fish sauce, brown sugar and red pepper flakes in a food processor to a fine paste. season chicken with salt and pepper and place in a resealable plastic bag. add lemongrass mixture, chill at least 30 minutes.

heat oil in a large skillet over medium-high heat. remove chicken from marinade, scraping off excess, and cook until golden brown, 6-8 minutes; turn and cook through, about 2 minutes longer.



serve chicken with lime wedges for squeezing over.

"The chicken does not exist only in order to produce another egg. He may also exist to amuse himself, to praise God, and even to suggest ideas to a French dramatist."

— G.K. Chesterton, What's Wrong with the World